

# Study Guide

Sunday October 18, 2020

“According to the Flesh”

## 1. → Romans 8:5-14

5 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. 6 The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. 7 The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. 8 Those who are in the realm of the flesh cannot please God. 9 You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you . . . 13 For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. 14 For those who are led by the Spirit of God are the children of God.

## 2. Points to Remember

- A. Inside us the *mind of the flesh* wages war with the *mind of the Spirit*.
- B. The flesh breeds corruption while the Spirit breeds life.
- C. We can either react *in the flesh* or respond *in the Spirit*.
- D. The Spirit can only help us if we are willing to follow His lead.
- E. When we are under pressure we tend to return to the flesh.
- F. But it is by the Spirit of God that we overcome any situation.

## 3. Bible Verses

Galatians 5:17	For the flesh desires what is contrary to the Spirit
1 Peter 3:3-4	For he who sows to his flesh will of the flesh reap corruption
1 Corinthians 3:2-3	Are you not walking like mere men?
Romans 8:14	For those who are led by the Spirit of God are the children of God.
Galatians 3:2-3	Are you now trying to finish by means of the flesh?
Galatians 5:22-23	But the fruit of the Spirit is love

## 4. Discussion Questions

- A. What does it look like when *your* mind is governed by the flesh?
- B. What does it look like when allow the Holy Spirit to take the lead?
- C. What have you seen as the fruit of the two?